

# STATE HEALTH BENEFIT PLAN TOBACCO CESSATION PROGRAMS OVERVIEW

**July 1, 2005**

## **Kaiser Permanente Quit Smart Tobacco Cessation Program**

Kaiser Permanente customized its Quit Smart Tobacco Cessation program for state employees who are Kaiser Permanente members. Kaiser Permanente members will not be charged an Tobacco Cessation enrollment fee. Kaiser members can enroll by calling the Health Line at **(404) 365-0966** or **1 (800) 611-1811**.

**January 1, 2006**

## **American Cancer Society Freshstart Tobacco Cessation Program**

Numerous tobacco cessation classes will be offered through the American Cancer Society (FreshStart) in various locations throughout the state. Members who are interested in attending these classes should contact the American Cancer Society at **1-(888) 227-6333**. The American Cancer Society does not charge an tobacco cessation enrollment fee for these classes.

The American Cancer Society is willing to train volunteers as Freshstart facilitators. Members interested in becoming class facilitators for their departments should contact Brenda Wright at (404) 816-7800 Ext. 6451 or Gwen Bryant at (478) 719-3055.

**Kaiser Permanente** has extended enrollment and participation in their Quit Smart Tobacco Cessation program to state employees who are non-Kaiser Permanente members and reside in the Atlanta metropolitan area.

Non-Kaiser Permanente members will be charged an tobacco cessation enrollment fee of \$40.00. Participants will be required to purchase their own Nicotine Replacement Systems. Non-Kaiser Permanente members interested in enrolling in the Quit Smart Tobacco Cessation classes should contact the Population Based Care Department at **(404) 364-7117** or **(404) 364-7360** to register. Payment should be submitted for the workshop before the class begins. The preferred method of payment is by **check or money order made payable to Kaiser Permanente**, and submitted to: Staycee Benjamin-Stone, Population Based Care Health Education Coordinator, Kaiser Permanente, 3495 Piedmont Road, NE Bldg. Nine 4<sup>th</sup> Floor, Atlanta, Georgia 30305-1736

All smoking cessation programs must follow the CDC and U.S. Preventive Task Force guidelines. **SHBP members must follow the specific instructions on Page 2 of the 2006 Decision Guide regarding how to remove tobacco surcharges.**

The Georgia Quit Line is available as a resource to smoking employees. However, the Quit Line offers NO cessation classes.

Additional programs are currently being evaluated and will be approved in the near future and posted to our website. SHBP members should check the DCH website for any updates at [www.dch.georgia.gov](http://www.dch.georgia.gov).